

Learning Letter

February 2020

Pro Grow Day Classes - January 31st



Noon Duty

I will use the tools that I learned in class to help the students solve their own issues and create "menus" with my co-workers too!



Meeting between classes at TPC

There is such a diverse menu to choose from that most people are very excited about their classes!



Chair Yoga

Learning and remembering how very important it is to relax and stretch each day.



Perception & Stress

I am so grateful that the trainings are now reflective of the ever changing families that we served!! The knowledge was relevant, useful, entertaining and over all fantastic!! Our students and their families are changing and evolving and it is great that we are learning more useful tools to better help our families.

Please bring Kathie Moehlig and Dr. Sondoozi for more classes / trainings!.



"What is a CLC"

I would like to become a facilitator to provide more CLCS for staff to learn.



Healthy Eating for Business Professionals

*I am SO EXCITED that **Healthy Eating for Working Professionals** will be an option! I honestly cannot wait to attend this class! So much of the time our jobs are filled with putting our students first, and I personally struggle with taking care of myself. I feel this will be a fabulous tool to add to my tool belt.*



Communication & Dealing with Difficult People

Really Good Class! I will recommend it to my friends to attend next time.



Managing Aggressive Behavior

The Presenter did a good job of eliciting participation from all of us. It is always helpful to have techniques and solutions for dealing with angry people



Intro to Google

Instructor and Assistants were wonderful, there was lots of hands on and real time practice. Please offer part 2!



Please follow the link provided below to register your interest in attending

Pro ACT training
for classified staff members
taught by
Courtney Martin at PSEA:

<https://forms.gle/oBBH51Za3Nc1YyBf9>

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## PSEA Presents: Understanding Your CalPERS Retirement System, Marc Houle, Presenter

### PERS MADE SIMPLE

Special Seminar for PSEA Members back by popular demand!

The Poway School Employees Association Presents:

Understanding Your CalPERS Retirement System, Marc Houle, Presenter

Marc will lead a discussion that will provide answers to all of the following questions:

- How can I figure out the size of my retirement check at any point in the future that I choose to retire? For that matter, when am I even eligible to retire?
- What can I do to protect my spouse/significant other via CalPERS in my retirement years?
- I hear that many members are buying service credit or "air time." Does this make sense for me?
- How do I figure out if buying back years of service makes sense for me?
- How may I use the CalPERS website as a tool to answer these question and more as they arise during my career?
- How may I receive a retirement calculation personalized for me from CalPERS?
- How will I use my personal retirement 403(b) funds?
- How do I manage the paperwork in the retirement process?
- What is my PUSD retiree health care benefit?

One presentation at the Poway School Employees Office

*Spouses Welcome*

Saturday, February 29, 2020

9:00 a.m. to 11:00 a.m.

PSEA Offices- 12245 World Trade Drive Suite H

San Diego, CA 92128

Email Theresa Houle at [thoule@planmembersec.com](mailto:thoule@planmembersec.com) or call (858) 748-8021 to reserve your seat and materials

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Poway Adult School offers Special Education IA Preparation

Prepare to become an instructional aide in Special Education. This class will teach you the terminology, strategies, and theories in special education including: a brief history of special education, understanding the IEP, curriculum strategies, behavioral strategies and the 13 disability categories. While this class prepares you with important information and training in regards to becoming an instructional aide, it does not guarantee you a position.

Link to Poway Adult School: [Registration for Winter classes opened on 12/11/2019](#)

Dates for class: Feb 27; March 5, 12, 19, 26; April 2.

Melanie Fink, Instructor

** May be eligible for reimbursement through the Education Financial Incentive Program. [Click here for more information on the Education Financial Incentive Program.](#)

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Winter registration is open and classes are available now

[link to application and information](#)

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Information and Updates on the CLC Program

On 12/20/2019, PSEA and PUSD reached tentative agreements to our contract, which are for a term of July 1, 2019 through June 30, 2022. Among the tentative agreements were improvements to the Classified Learning Cooperative (CLC) program. Once the agreements have been ratified and approved, CLCs will be paid as a 1 time stipend at course completion (instead of accruing 40 points and then being paid out over a 3 year period). The rate will be \$75.00 per point.

I am working diligently on restructuring the program to incorporate these changes and ensure that everyone has fair and equal access to classes. I appreciate your patience while this is being done.

Looking forward to a new, dynamic and improved CLC program in August of 2020.


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# Poway School Employees Association


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